

| jul-20 |  |    |    |    |    |    | aug-20 |    |    |    |    |    |    | sep-20 |    |    |    |    |    |  |
|--------|--|----|----|----|----|----|--------|----|----|----|----|----|----|--------|----|----|----|----|----|--|
| week   |  | 27 | 28 | 29 | 30 | 31 |        | 31 | 32 | 33 | 34 | 35 | 36 |        | 36 | 37 | 38 | 39 | 40 |  |
| m      |  |    | 6  | 13 | 20 | 27 |        |    | 3  | 10 | 17 | 24 | 31 |        |    | 7  | 14 | 21 | 28 |  |
| d      |  |    | 7  | 14 | 21 | 28 |        |    | 4  | 11 | 18 | 25 |    |        | 1  | 8  | 15 | 22 | 29 |  |
| w      |  | 1  | 8  | 15 | 22 | 29 |        |    | 5  | 12 | 19 | 26 |    |        | 2  | 9  | 16 | 23 | 30 |  |
| d      |  | 2  | 9  | 16 | 23 | 30 |        |    | 6  | 13 | 20 | 27 |    |        | 3  | 10 | 17 | 24 |    |  |
| v      |  | 3  | 10 | 17 | 24 | 31 |        |    | 7  | 14 | 21 | 28 |    |        | 4  | 11 | 18 | 25 |    |  |
| z      |  | 4  | 11 | 18 | 25 |    |        | 1  | 8  | 15 | 22 | 29 |    |        | 5  | 12 | 19 | 26 |    |  |
| z      |  | 5  | 12 | 19 | 26 |    |        | 2  | 9  | 16 | 23 | 30 |    |        | 6  | 13 | 20 | 27 |    |  |

|      | okt-20 |    |    |    |    |    | nov-20 |    |    |    |    |    | dec-20 |  |    |    |    |    |    |
|------|--------|----|----|----|----|----|--------|----|----|----|----|----|--------|--|----|----|----|----|----|
| week |        | 40 | 41 | 42 | 43 | 44 |        | 44 | 45 | 46 | 47 | 48 | 49     |  | 49 | 50 | 51 | 52 | 53 |
| m    |        |    | 5  | 12 | 19 | 26 |        |    | 2  | 9  | 16 | 23 | 30     |  |    | 7  | 14 | 21 | 28 |
| d    |        |    | 6  | 13 | 20 | 27 |        |    | 3  | 10 | 17 | 24 |        |  | 1  | 8  | 15 | 22 | 29 |
| w    |        |    | 7  | 14 | 21 | 28 |        |    | 4  | 11 | 18 | 25 |        |  | 2  | 9  | 16 | 23 | 30 |
| d    |        | 1  | 8  | 15 | 22 | 29 |        |    | 5  | 12 | 19 | 26 |        |  | 3  | 10 | 17 | 24 | 31 |
| v    |        | 2  | 9  | 16 | 23 | 30 |        |    | 6  | 13 | 20 | 27 |        |  | 4  | 11 | 18 | 25 |    |
| z    |        | 3  | 10 | 17 | 24 | 31 |        |    | 7  | 14 | 21 | 28 |        |  | 5  | 12 | 19 | 26 |    |
| z    |        | 4  | 11 | 18 | 25 |    |        | 1  | 8  | 15 | 22 | 29 |        |  | 6  | 13 | 20 | 27 |    |

|      | jan-21 |    |    |    |    |    | feb-20 |  |   |    |    |    | mrt-21 |  |   |    |    |    |    |
|------|--------|----|----|----|----|----|--------|--|---|----|----|----|--------|--|---|----|----|----|----|
| week |        | 53 | 1  | 2  | 3  | 4  |        |  | 5 | 6  | 7  | 8  |        |  | 9 | 10 | 11 | 12 | 13 |
| m    |        |    | 4  | 11 | 18 | 25 |        |  | 1 | 8  | 15 | 22 |        |  | 1 | 8  | 15 | 22 | 29 |
| d    |        |    | 5  | 12 | 19 | 26 |        |  | 2 | 9  | 16 | 23 |        |  | 2 | 9  | 16 | 23 | 30 |
| w    |        |    | 6  | 13 | 20 | 27 |        |  | 3 | 10 | 17 | 24 |        |  | 3 | 10 | 17 | 24 | 31 |
| d    |        |    | 7  | 14 | 21 | 28 |        |  | 4 | 11 | 18 | 25 |        |  | 4 | 11 | 18 | 25 |    |
| v    |        | 1  | 8  | 15 | 22 | 29 |        |  | 5 | 12 | 19 | 26 |        |  | 5 | 12 | 19 | 26 |    |
| z    |        | 2  | 9  | 16 | 23 | 30 |        |  | 6 | 13 | 20 | 27 |        |  | 6 | 13 | 20 | 27 |    |
| z    |        | 3  | 10 | 17 | 24 | 31 |        |  | 7 | 14 | 21 | 28 |        |  | 7 | 14 | 21 | 28 |    |

|      | apr-21 |    |    |    |    |    | mei-21 |    |    |    |    |    | jun-21 |  |    |    |    |    |    |
|------|--------|----|----|----|----|----|--------|----|----|----|----|----|--------|--|----|----|----|----|----|
| week |        | 13 | 14 | 15 | 16 | 17 |        | 17 | 18 | 19 | 20 | 21 | 22     |  | 22 | 23 | 24 | 25 | 26 |
| m    |        |    | 5  | 12 | 19 | 26 |        |    | 3  | 10 | 17 | 24 | 31     |  |    | 7  | 14 | 21 | 28 |
| d    |        |    | 6  | 13 | 20 | 27 |        |    | 4  | 11 | 18 | 25 |        |  | 1  | 8  | 15 | 22 | 29 |
| w    |        |    | 7  | 14 | 21 | 28 |        |    | 5  | 12 | 19 | 26 |        |  | 2  | 9  | 16 | 23 | 30 |
| d    |        | 1  | 8  | 15 | 22 | 29 |        |    | 6  | 13 | 20 | 27 |        |  | 3  | 10 | 17 | 24 |    |
| v    |        | 2  | 9  | 16 | 23 | 30 |        |    | 7  | 14 | 21 | 28 |        |  | 4  | 11 | 18 | 25 |    |
| z    |        | 3  | 10 | 17 | 24 |    |        | 1  | 8  | 15 | 22 | 29 |        |  | 5  | 12 | 19 | 26 |    |
| z    |        | 4  | 11 | 18 | 25 |    |        | 2  | 9  | 16 | 23 | 30 |        |  | 6  | 13 | 20 | 27 |    |

| jul-21 |  |    |    |    |    |    | aug-21 |    |    |    |    |    |    | sep-21 |    |    |    |    |    |  |
|--------|--|----|----|----|----|----|--------|----|----|----|----|----|----|--------|----|----|----|----|----|--|
| week   |  | 26 | 27 | 28 | 29 | 30 |        | 30 | 31 | 32 | 33 | 34 | 35 |        | 35 | 36 | 37 | 38 | 39 |  |
| m      |  |    | 5  | 12 | 19 | 26 |        |    | 2  | 9  | 16 | 23 | 30 |        |    | 6  | 13 | 20 | 27 |  |
| d      |  |    | 6  | 13 | 20 | 27 |        |    | 3  | 10 | 17 | 24 | 31 |        |    | 7  | 14 | 21 | 28 |  |
| w      |  |    | 7  | 14 | 21 | 28 |        |    | 4  | 11 | 18 | 25 |    |        | 1  | 8  | 15 | 22 | 29 |  |
| d      |  | 1  | 8  | 15 | 22 | 29 |        |    | 5  | 12 | 19 | 26 |    |        | 2  | 9  | 16 | 23 | 30 |  |
| v      |  | 2  | 9  | 16 | 23 | 30 |        |    | 6  | 13 | 20 | 27 |    |        | 3  | 10 | 17 | 24 |    |  |
| z      |  | 3  | 10 | 17 | 24 | 31 |        |    | 7  | 14 | 21 | 28 |    |        | 4  | 11 | 18 | 25 |    |  |
| z      |  | 4  | 11 | 18 | 25 |    |        | 1  | 8  | 15 | 22 | 29 |    |        | 5  | 12 | 19 | 26 |    |  |

18:30 - 19:30 u. wedstrijdzwemmers en recreanten

18:30 - 20:00 u. wedstrijdzwemmers

19:00 - 20:00 u. wedstrijdzwemmers en recreanten / 20:00 - 21:00 u. masters

19:00 - 20:00 u. 1/2 land en 1/2 badtraining recr/wedstr. B.O. / 20:00 - 21:00 uur alle leden V.G.O en masters

Dit zijn de dagen in de vakantie/feestdagen waar er geen training plaats vindt.